



***Western States Hostage Negotiators' Association
22nd Annual Hostage Negotiators' Conference
Hosted by the Walla Walla PD
Walla Walla, Washington - June 1-4, 2008***

PRESENTER OVERVIEW

**Suicidal in Seattle, Suicide by Cop Case Studies
Sergeant Bill Waltz & Officer Bruce Wind
Seattle Police Department**

With a combined total of 52 years patrol experience and 28 years of Hostage/Crisis Negotiation experience, Sergeant Waltz and Officer Wind will present 'Suicidal in Seattle'. After an overview of current academic thinking of this phenomenon, these two active police negotiators will present two case studies showing violence that street cops and negotiators can experience on any day.

First, a subtle example of law enforcement assisted suicide. Robert Estrella was a thirty year old who struggled with cocaine addiction and domestic violence. On a sunny March afternoon in Seattle, police confronted Robert as they responded to yet another chapter of domestic violence and court order violations. This time Robert took his infant son hostage and stood face to face with negotiators. The ending is predictable but the signs of suicide were not so obvious.

Second, a textbook example of suicide by cop. Tom Morgan had suffered from mental illness for years, but no one, including his immediate family, knew the depths of his pain. Then one morning in December he killed his brother and sister-in-law, and then summoned the Seattle Police Department to end his pain. This was a textbook example of suicide by cop with all the warnings signs and a few twists along the way.

Sergeant Waltz and Officer Wind hope to provide you with an informative look at how the Seattle Police Negotiation Team performed during these two incidents. Our goal is to be both educational and entertaining.

**West Nickel Mines School Shooting, Lancaster County, Pennsylvania
Lieutenant Allen Krawczel & Trooper Mark Magyar
Pennsylvania State Police**

Members of the Pennsylvania State Police will provide a detailed look into the October 2, 2006 shooting at a one room Amish schoolhouse in south central Pennsylvania. This incident, which resulted in the deaths of 5 young girls and the serious injury of 5 others, garnered international attention and was the lead story on most major national news networks for nearly a week. Topics discussed in this presentation include:

- Pennsylvania State Police (PSP) Overview
- Who are the Amish?
- Actor Timeline (Leading up to the Incident)
- Incident Timeline & Police Response

- EMS Response
- Incident Management
- Criminal Investigation
- Media
- Community Concerns
- Crisis Counseling
- Funerals
- On-going Incident Management
- Examination of Roberts 911 call and suicide notes
- Lessons Learned
- Closing segment

The presentation has been developed from the law enforcement perspective and is appropriate for a law enforcement audience. Major points will be made utilizing actual audio and video from the police response as well as some crime scene photographs. Lessons learned may be applied to the police response to any critical incident.

Police Sergeant Suicide
Captain Gary MacNamara
Fairfield, Connecticut Police Department

Captain MacNamara has a B.S. in Law Enforcement Science & a Masters Degree in Public Administration, University of New Haven, Connecticut. He is a 20 year veteran of the Fairfield Connecticut Police Department, and currently serving as a Captain. His duties include overseeing the Emergency Response Team, Hostage Negotiators, Training Unit, Internal Affairs, Accreditation and Public Information. His prior positions have included Detective, Detective Sergeant and Lieutenant. Captain MacNamara has been trained in Hostage Negotiation. In 2002, his first negotiation ever was when he successfully negotiated the release of 27 students held hostage on the campus of Fairfield University, held by a subject claiming to possess an explosive device. During this incident he speaks of how he had to go face to face with the individual. That same year, 2002, Captain MacNamara was a Fairfield County Hero Award nominee for courage, dedication and commitment to Public service, and Police officer of the year. Captain MacNamara has taught extensively in the area of Critical Incident Response, as well as interview and interrogation techniques, auto theft, internet safety for both children and parents His training has led him to assist in the development of School Security Plans, Small Pox response plans, as well as leadership in the face of Crisis. He is a 2004 graduate of the FBI National Academy (219). In addition to these activities, he instructs Internet Safety for Parents and Children, and presents training on Crisis Leadership, Crisis Survival, and Crisis Communication, and Crisis Prevention. He also currently is a journalist for the Justice Journal where he writes a monthly column called "What if..?"

The presentation reviews response, recorded negotiations, as well as school violence implications. In January 2004 Captain MacNamara assisted in a 17-hour negotiation of a barricaded police sergeant. The incident ended with the police sergeant taking his own life.

The presentation focuses on suicide issues and those that relate to negotiating with a police officer, as well as the importance of isolation in a crisis negotiation.

**National Labor Relations Bureau Hostage Taking
Detective Jan Dubina
Phoenix Police Department
Special Agent Robert Byrne
Federal Bureau of Investigation**

Jan Dubina has been with the Phoenix Police Department for 27 years. She served five of those years in patrol before transferring to the Special Assignments Unit, the department's full time SWAT team, in December 1985. Jan joined SAU as part of a sniper/observer team. Two years later she moved to an entry team position as a rear guard. Ultimately Jan was selected as a primary negotiator and has served in that capacity for the last 18 years. Today, she is the negotiation team coordinator and until recently the units' full time training officer. As the training officer Jan was responsible for all unit level training to include negotiations, firearms, precision rifle, SCBA and WMD.

Jan has received several hundred hours of negotiation related training and has been involved in over 300 barricade incidents. She is the Crisis Negotiation Section Chairperson for the National Tactical Officer's Association and she also teaches basic and advanced classes in Crisis Negotiation for the Phoenix Police Department, as well as First Responder and 911/Dispatcher classes at Glendale Community College.

Jan is an Arizona Post Certified general and firearms instructor. She has attended the FBI two-week negotiation school at Quantico and has a teaching certificate from the State of Arizona and holds a Bachelor of Science Degree in Criminal Justice from Arizona State University. Jan is currently attending Northern Arizona University to obtain a Master of Education Degree in the area of Counseling with an Emphasis in Human Relations.

Robert Byrne joined the FBI in 1997 and after graduating from the FBI Academy was assigned to the Phoenix Division. SA Byrne began his FBI career by working White Collar Crime. After the events of 9/11, SA Byrne transferred to the Phoenix Division's National Security/WMD Squad to serve as the Phoenix Division's Joint Terrorism Task Force Coordinator. Since that time SA Byrne has conducted both international and domestic terrorism investigations.

In 2006, SA Byrne was presented with a Public Safety Award for investigating an Arizona man who stockpiled weapons and ammunition, and attempted to produce the biological toxin Ricin for use as a weapon. This subject was ultimately convicted at trial and sentenced to serve 7 years in Federal Prison.

In 1998, SA Byrne was selected to become a member of the Phoenix Division's Crisis Negotiation Team which works with the Phoenix Police Department's Special Assignments Unit (SAU). SA Byrne has responded to numerous hostage, barricade, and suicide call-outs with federal, state, and local law enforcement. SA Byrne has been involved in a number of high-profile hostage incidents, one being the 15 day Lewis Prison Siege in 2004. SA Byrne also teaches negotiations to law enforcement officers throughout the state of Arizona.

Detective Dubina and Agent Byrne will present the National Labor Relations Bureau (NLRB) Hostage Taking of February, 2006. Nine people were held hostage for approximately seven hours inside the NLRB. The office is located on the 18th floor of a

20 story high rise in the middle of downtown Phoenix. Both the FBI and Phoenix PD responded and it was a combined/joint operation. The presentation reviews our response and recorded negotiations.

Child Hostage

Sergeant Matt Onderbeke

Snohomish County Sheriff's Office

Lieutenant Darin Rasmussen

Marysville Police Department

Sergeant Matt Onderbeke has been a member of the Snohomish County Sheriff's Office for the past 26 years. Sergeant Onderbeke was a Field Training Officer for 12 years, and a Field Training Officer Instructor for the WSCJTC. He has been a Crisis Negotiator for 16 years, receiving training across the Western United States and the Canadian Police College. Sergeant Onderbeke has responded to dozens of crisis situations, serving in all positions on the negotiation team. For the past 10 years, he has served as the Crisis Squad Leader on Snohomish County Sheriff's Office SWAT. He is also a WSHNA board member.

Lieutenant Darin Rasmussen of the Marysville, Washington Police Department has been in Law Enforcement for 17 years and has served as a negotiator from 1995-2007. In 2005 he became Assistant Team Leader for the Marysville Crisis Negotiations Team and in 2002 he was awarded the Chief's Meritorious Service Medal. He has held various positions in the Marysville Police Department including Patrol Sergeant, Detective Sergeant, and Accreditation Manager. In January, he started in the Department's Professional Standards Unit.

On March 25, 2004, Marysville Police and Snohomish County Sheriff's Office SWAT, respond to a domestic incident in which the suspect barricaded himself in a duplex. He was armed with a knife and held a one year old child, continuously making threats to kill the child and himself. Using negotiation recordings, photos and audio/video clips, we will review this incident and discuss;

- the role and objectives of negotiators in a high-risk crisis incident
- importance of training with tactical units, and other agencies
- positive and negatives of techniques used during negotiations
- decision making process
- discussion of public perception and post incident care of officers

Corrections Officer Taken Hostage

Sergeant Larry Bieghler

Washington State Department of Corrections

Sergeant Larry Bieghler began his career in Corrections in 1974. Larry's experience in Corrections includes both the State of Washington and the State of Arizona. After working at the Washington State Penitentiary at Walla Walla for approximately thirty days Larry was taken hostage. On December 30, 1974 the prison hospital, the recreation department, and a living unit were seized and controlled by the inmate population.

Guided by his experience as a hostage in 1974 Larry has been a member of the Emergency Response Team for the past 25 years and a member of the Crisis Negotiation Team for the past 18 years. His hostage experience made him very aware of those staff members who were willing to place themselves in harms way to secure the release of their fellow Corrections personnel. Larry has attended both basic and advanced classes for hostage negotiations and has planned multiple training exercises.

Sergeant Bieghler has also been active in the Correction's Union as both a shop steward and Vice President. He currently serves as a Corrections Specialist and trains new personnel where undoubtedly his hostage experience and extensive Emergency Response Team and Crisis Negotiation Team experience serve him well.